

# SANTI SAYS: Spring has sprung! Find the “I” within yourself

By Santi Meunier

Spring is here and despite the snow flurries and the frozen earth, the thaw has started. Nature has been resting. Small buds can be seen on the red maple, and the prickly bushes are turning green. When I take my dogs for their morning walk around the pond, the unfrozen water reflects the clouds in the sky and the red wings of the Cardinals.

We wait in hushed anticipation for the tremendous display of spring. The light green of new leaves and the sweet smell of tender grass, and the flowers, everywhere-every color. Our senses are filled with the bountiful creativity of nature.

There is so much mystery in nature, and the wonder can stay with us for our lifetime.

I have been forcing flower bulbs in my sunny kitchen window. I started with narcissus and then hyacinth. Have you ever wondered where the yellow comes from in tulips or the purple in the crocuses? If you open a tulip bulb before you plant it there is no yellow in there. Where do the colors come from? The scientific answer doesn't answer the entire question.

Yes, DNA determines whether your eyes will be blue or brown, but what makes the color? Who imagined sight?

Emerson referred to the transcendent realm or the imma-

nence of the divine in all creation. The physical aspect of us is limited by the laws of the three dimensional world, but the transcendent quality that dwells within each one of us, and ultimately in all living things, has no limitation. We have a unique role in that we humans are able to co-create with this divine force if we choose to.

We can design and build skyscrapers and trucks, stylish fashion and a gourmet feast. Everywhere we look we see the result of our creativity and imagination.

## **Create what you want rather than what you fear.**

Sadly, creativity can be positive or negative and many people create what they fear without realizing it. A wise guru once told me, “It is wise to uncover what is in your unconscious mind before it is manifested, then you have the opportunity to change it.”

Whether you are aware of it or not the creative process is always in operation within us.

It is said that our minds make over a million decisions every 24-hour period. Most of them have a low impact on our lives. We scratch our foot, turn over in our sleep or eat pasta for dinner, but what about the decisions that have long-term effects on who we are and what direc-

tion our lives take? Getting to know who we truly are and finding what is essential to our happiness and well-being are critical. How often those questions go unanswered.

Life is approached in reaction to outside stimulus instead of inside guidance.

Dag Hammarskjold, former Secretary-General of the United Nations and international peacemaker, kept a spiritual diary that he asked not to be published until after his death. In it the reader gets a rare glimpse of a fearless thinker who explored the inner depths of his mind so as to create wisely and peacefully. In one of his writings in 1945 he speaks of the choice each one of us has as to who we will become and what we will create in this lifetime.

## **Towards new shores**

“At every moment you choose yourself. But do you choose your self? Body and soul contain a thousand possibilities out of which you can build many I's. But in only one of them is there a congruence of the elector and the elected. Only one which you will never find until you have excluded all those superficial and fleeting possibilities of being and doing with which you toy, out of curiosity or wonder or greed; and which hinder you from casting anchor in the expe-



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rience of the mystery of life, the consciousness of the talent entrusted to you which is your “I.”

In this season of spring, I invite all of you to explore the many possibilities within you. Each of us has the opportunity to choose the “I” of talent, service and love. This “I” brings blessings to the giver and the receiver, and life is eased and made better because of it. Create wisely and everybody wins.

## **From our readers**

3/16

I was thinking about you and wanted to give you feedback on your article in 02835 about excuses for not going back to school. I was scared out of my wits about going back to school, but there are older students than me in most of my classes.

Professors consider us to be more serious about our studies than kids just out of high school and go to great lengths to help us succeed...You were right – the money comes. And I put the money that I would have used to buy cigarettes into a tuition jar. My only regret is not having started sooner.

*Your comments and insights are welcome at Santi Says.*